



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage see <https://kp.org/plandocuments> or call 1-855-249-5005 (TTY: 711). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call 1-855-249-5005 (TTY: 711) to request a copy.

| Important Questions                                                             | Answers                                                                                                                                 | Why this Matters:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| What is the overall <a href="#">deductible</a> ?                                | \$0                                                                                                                                     | See the Common Medical Events chart below for your costs for services this <a href="#">plan</a> covers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Are there services covered before you meet your <a href="#">deductible</a> ?    | Not Applicable.                                                                                                                         | This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .                                                       |
| Are there other <a href="#">deductibles</a> for specific services?              | Yes. Pediatric Dental: \$50 Individual in network. There are no other specific <a href="#">deductibles</a> .                            | You must pay all of the costs for these services up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for these services.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ? | \$7,500 Individual / \$15,000 Family                                                                                                    | The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.                                                                                                                                                                                                                                                                                                                                             |
| What is not included in the <a href="#">out-of-pocket limit</a> ?               | <a href="#">Premiums</a> and health care this <a href="#">plan</a> doesn't cover, and services indicated in chart beginning on page 2.  | Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Will you pay less if you use a <a href="#">network provider</a> ?               | Yes. See <a href="http://www.kp.org">www.kp.org</a> or call 1-855-249-5005 (TTY: 711) for a list of <a href="#">network providers</a> . | This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services. |
| Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?    | Yes, but you may self-refer to certain <a href="#">specialists</a> .                                                                    | This <a href="#">plan</a> will pay some or all of the costs to see a <a href="#">specialist</a> for covered services but only if you have a <a href="#">referral</a> before you see the <a href="#">specialist</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                      |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event                                                                                                                                                                                                | Services You May Need                                  | What You Will Pay Plan Provider<br>(You will pay the least)                                     | What You Will Pay Non-Plan Provider<br>(You will pay the most) | Limitations, Exceptions & Other Important Information                                                                                                                                                                                                                                                                                   |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>If you visit a health care <a href="#">provider's</a> office or clinic</b>                                                                                                                                       | Primary care visit to treat an injury or illness       | \$25 / visit                                                                                    | Not covered                                                    | Virtual Care Services: No charge                                                                                                                                                                                                                                                                                                        |
|                                                                                                                                                                                                                     | <a href="#">Specialist</a> visit                       | \$60 / visit                                                                                    | Not covered                                                    | Virtual Care Services: No charge                                                                                                                                                                                                                                                                                                        |
|                                                                                                                                                                                                                     | <a href="#">Preventive care/screening/immunization</a> | No charge                                                                                       | Not covered                                                    | You may have to pay for services that aren't <a href="#">preventive</a> . Ask your <a href="#">provider</a> if the services needed are <a href="#">preventive</a> . Then check what your <a href="#">plan</a> will pay for.                                                                                                             |
| <b>If you have a test</b>                                                                                                                                                                                           | <a href="#">Diagnostic test</a> (x-ray, blood work)    | 40% <a href="#">coinsurance</a>                                                                 | Not covered                                                    | None                                                                                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                     | Imaging (CT/PET scans, MRI's)                          | \$500 / test                                                                                    | Not covered                                                    | None                                                                                                                                                                                                                                                                                                                                    |
| <b>If you need drugs to treat your illness or condition</b><br><br>More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.kp.org/formulary">www.kp.org/formulary</a> | Generic drugs                                          | Retail: \$15 / <a href="#">prescription</a> ; Mail Order: \$30 / <a href="#">prescription</a>   | Not covered                                                    | Up to a 30-day supply (retail); up to a 90-day supply (mail order). <a href="#">Prescription</a> refills of on-going maintenance medications must be filled at a Kaiser Permanente Pharmacy. Subject to <a href="#">formulary</a> guidelines. <a href="#">Formulary preventive</a> drugs and contraceptives in all tiers are no charge. |
|                                                                                                                                                                                                                     | Preferred brand drugs                                  | Retail: \$50 / <a href="#">prescription</a> ; Mail Order: \$100 / <a href="#">prescription</a>  | Not covered                                                    | Up to a 30-day supply (retail); up to a 90-day supply (mail order). Subject to <a href="#">formulary</a> guidelines.                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                     | Non-preferred brand drugs                              | Retail: \$375 / <a href="#">prescription</a> ; Mail Order: \$750 / <a href="#">prescription</a> | Not covered                                                    | Up to a 30-day supply (retail); up to a 90-day supply (mail order). Subject to <a href="#">formulary</a> guidelines when approved through the exception process.                                                                                                                                                                        |
|                                                                                                                                                                                                                     | <a href="#">Specialty drugs</a>                        | \$625 / <a href="#">prescription</a>                                                            | Not covered                                                    | Up to a 30-day supply (retail); Subject to <a href="#">formulary</a> guidelines when approved through the exception process.                                                                                                                                                                                                            |

| Common Medical Event                                                      | Services You May Need                            | What You Will Pay Plan Provider (You will pay the least)                                                           | What You Will Pay Non-Plan Provider (You will pay the most) | Limitations, Exceptions & Other Important Information                                                                                                                                 |
|---------------------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| If you have outpatient surgery                                            | Facility fee (e.g., ambulatory surgery center)   | Ambulatory surgical center: 30% <a href="#">coinsurance</a> ; Outpatient hospital: 40% <a href="#">coinsurance</a> | Not covered                                                 | None                                                                                                                                                                                  |
|                                                                           | Physician/surgeon fees                           | Ambulatory surgical center: 30% <a href="#">coinsurance</a> ; Outpatient hospital: 40% <a href="#">coinsurance</a> | Not covered                                                 | None                                                                                                                                                                                  |
| If you need immediate medical attention                                   | <a href="#">Emergency room care</a>              | \$750 / visit                                                                                                      | \$750 / visit                                               | Emergency room <a href="#">copayment</a> waived if admitted directly to the hospital as an inpatient.                                                                                 |
|                                                                           | <a href="#">Emergency medical transportation</a> | 40% <a href="#">coinsurance</a>                                                                                    | 40% <a href="#">coinsurance</a>                             | None                                                                                                                                                                                  |
|                                                                           | <a href="#">Urgent care</a>                      | \$75 / visit                                                                                                       | \$75 / visit                                                | <a href="#">Non-plan providers</a> are not covered inside the service area.                                                                                                           |
| If you have a hospital stay                                               | Facility fee (e.g., hospital room)               | 40% <a href="#">coinsurance</a>                                                                                    | Not covered                                                 | None                                                                                                                                                                                  |
|                                                                           | Physician/surgeon fee                            | 40% <a href="#">coinsurance</a>                                                                                    | Not covered                                                 | None                                                                                                                                                                                  |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services                              | \$25 / individual visit; \$12 / group visit.                                                                       | Not covered                                                 | Annual Wellness Visit and Virtual Care Services: No charge                                                                                                                            |
|                                                                           | Inpatient services                               | 40% <a href="#">coinsurance</a>                                                                                    | Not covered                                                 | None                                                                                                                                                                                  |
| If you are pregnant                                                       | Office visits                                    | 40% <a href="#">coinsurance</a>                                                                                    | Not covered                                                 | <a href="#">Cost sharing</a> does not apply for <a href="#">preventive services</a> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
|                                                                           | Childbirth/delivery professional services        | 40% <a href="#">coinsurance</a>                                                                                    | Not covered                                                 | None                                                                                                                                                                                  |
|                                                                           | Childbirth/delivery facility services            | 40% <a href="#">coinsurance</a>                                                                                    | Not covered                                                 | None                                                                                                                                                                                  |

| Common Medical Event                                           | Services You May Need                     | What You Will Pay Plan Provider (You will pay the least)                                                                                                                                                                             | What You Will Pay Non-Plan Provider (You will pay the most) | Limitations, Exceptions & Other Important Information                                                                                                                                                                                |
|----------------------------------------------------------------|-------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| If you need help recovering or have other special health needs | <a href="#">Home health care</a>          | No charge                                                                                                                                                                                                                            | Not covered                                                 | Less than 8 hours / day and 28 hours / week.                                                                                                                                                                                         |
|                                                                | <a href="#">Rehabilitation services</a>   | Inpatient: 40% <a href="#">coinsurance</a> ; Outpatient: \$60 / visit                                                                                                                                                                | Not covered                                                 | Inpatient: Limited to 60 days / condition / year; Outpatient: 20 visit limit / therapy / year (autism spectrum disorders are not subject to visit limit). Autism spectrum disorders: \$25 / visit. Virtual Care Services: No charge. |
|                                                                | <a href="#">Habilitation services</a>     | Outpatient: \$60 / visit                                                                                                                                                                                                             | Not covered                                                 | 20 visit limit / therapy / year (autism spectrum disorders are not subject to visit limit). Autism spectrum disorders: \$25 / visit. Virtual Care Services: No charge.                                                               |
|                                                                | <a href="#">Skilled nursing care</a>      | 40% <a href="#">coinsurance</a>                                                                                                                                                                                                      | Not covered                                                 | 100 days / year                                                                                                                                                                                                                      |
|                                                                | <a href="#">Durable medical equipment</a> | 40% <a href="#">coinsurance</a>                                                                                                                                                                                                      | Not covered                                                 | Subject to <a href="#">formulary</a> guidelines.                                                                                                                                                                                     |
|                                                                | <a href="#">Hospice service</a>           | No charge                                                                                                                                                                                                                            | Not covered                                                 | None                                                                                                                                                                                                                                 |
| If your child needs dental or eye care                         | Children's eye exam                       | \$25 / visit                                                                                                                                                                                                                         | Not covered                                                 | Limited to members up to the end of the year the member turns 19.                                                                                                                                                                    |
|                                                                | Children's glasses                        | 50% <a href="#">coinsurance</a>                                                                                                                                                                                                      | Not covered                                                 | Limited to members up to the end of the year in which the member turns 19. One pair of frames and lenses or contact lenses / 24 months.                                                                                              |
|                                                                | Children's dental check-up                | No charge for <a href="#">preventive care</a> / diagnostic services after pediatric dental <a href="#">deductible</a> . 50% <a href="#">coinsurance</a> for basic/major services after pediatric dental <a href="#">deductible</a> . | Not covered                                                 | Limited to members up to the end of the month the member turns 19; limited coverage for diagnostic and <a href="#">preventive services</a> , minor restorative (fillings), simple extractions and crowns.                            |

#### Excluded Services & Other Covered Services:

| Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .) |                                                                                                                                            |                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Cosmetic Surgery</li> <li>• Dental Care (Adult)</li> <li>• Long-Term Care</li> </ul>                                                                     | <ul style="list-style-type: none"> <li>• Non-Emergency Care when Traveling Outside the U.S.</li> <li>• Routine Eye Care (Adult)</li> </ul> | <ul style="list-style-type: none"> <li>• Routine Foot Care</li> <li>• Weight Loss Programs</li> </ul> |

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

- |                                      |                                                        |                         |
|--------------------------------------|--------------------------------------------------------|-------------------------|
| • Abortion                           | • Chiropractic Care (20 visit limit / year)            | • Infertility Treatment |
| • Acupuncture (6 visit limit / year) | • Hearing Aids (Up to age 18: 1 aid / ear / 60 months) | • Private-Duty Nursing  |
| • Bariatric Surgery                  |                                                        |                         |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is shown in the chart below. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact the agency in the chart below.

**Contact Information for Your Rights to Continue Coverage & Your Grievance and Appeals Rights:**

|                                   |                                                                                                                                                                                   |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Kaiser Permanente Member Services | 1-855-249-5005 (TTY: 711) or <a href="http://www.kp.org/memberservices">www.kp.org/memberservices</a>                                                                             |
| Colorado Division of Insurance    | 1-303-894-7490 in state, or 1-800-930-3745 out of state or <a href="http://www.colorado.gov/pacific/dora/division-insurance">www.colorado.gov/pacific/dora/division-insurance</a> |

**Does this plan provide Minimum Essential Coverage? Yes.**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Not Applicable.**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

SPANISH (Español): Para obtener asistencia en Español, llame al 1-855-249-5005 (TTY: 711)

TAGALOG (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-249-5005 (TTY: 711)

TRADITIONAL CHINESE (中文): 如果需要中文的帮助，请拨打这个号码 1-855-249-5005 (TTY: 711)

PENNSYLVANIA DUTCH (Deutsch): Fer Hilf griege in Deutsch, ruf 1-855-249-5005 (TTY: 711) uff

NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-855-249-5005 (TTY: 711)

SAMOAN (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-855-249-5005 (TTY: 711)

CAROLINIAN (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-855-249-5005 (TTY: 711)

CHAMORRO (Chamoru): Para un ma ayuda gi finu Chamoru, à'gang 1-855-249-5005 (TTY: 711)

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

| Peg is Having a Baby<br>(9 months of in-network pre-natal care and a hospital delivery)                                                                                                                                                                                                                                                          |                 | Managing Joe's Type 2 Diabetes<br>(a year of routine in-network care of a well-controlled condition)                                                                                                                                                                                                                   |                | Mia's Simple Fracture<br>(in-network emergency room visit and follow up care)                                                                                                                                                                                                                                              |                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| ■ The <a href="#">plan's</a> overall <a href="#">deductible</a>                                                                                                                                                                                                                                                                                  | \$0             | ■ The <a href="#">plan's</a> overall <a href="#">deductible</a>                                                                                                                                                                                                                                                        | \$0            | ■ The <a href="#">plan's</a> overall <a href="#">deductible</a>                                                                                                                                                                                                                                                            | \$0            |
| ■ <a href="#">Specialist copayment</a>                                                                                                                                                                                                                                                                                                           | \$60            | ■ <a href="#">Specialist copayment</a>                                                                                                                                                                                                                                                                                 | \$60           | ■ <a href="#">Specialist copayment</a>                                                                                                                                                                                                                                                                                     | \$60           |
| ■ Hospital (facility) <a href="#">coinsurance</a>                                                                                                                                                                                                                                                                                                | 40%             | ■ Hospital (facility) <a href="#">coinsurance</a>                                                                                                                                                                                                                                                                      | 40%            | ■ Hospital (facility) <a href="#">coinsurance</a>                                                                                                                                                                                                                                                                          | 40%            |
| ■ Other (blood work) <a href="#">coinsurance</a>                                                                                                                                                                                                                                                                                                 | 40%             | ■ Other (blood work) <a href="#">coinsurance</a>                                                                                                                                                                                                                                                                       | 40%            | ■ Other (x-ray) <a href="#">coinsurance</a>                                                                                                                                                                                                                                                                                | 40%            |
| <b>This EXAMPLE event includes services like:</b><br><a href="#">Specialist</a> office visits ( <i>prenatal care</i> )<br>Childbirth/Delivery Professional Services<br>Childbirth/Delivery Facility Services<br><a href="#">Diagnostic tests</a> ( <i>ultrasounds and blood work</i> )<br><a href="#">Specialist</a> visit ( <i>anesthesia</i> ) |                 | <b>This EXAMPLE event includes services like:</b><br><a href="#">Primary care physician</a> office visits ( <i>including disease education</i> )<br><a href="#">Diagnostic tests</a> ( <i>blood work</i> )<br><a href="#">Prescription drugs</a><br><a href="#">Durable medical equipment</a> ( <i>glucose meter</i> ) |                | <b>This EXAMPLE event includes services like:</b><br><a href="#">Emergency room care</a> ( <i>including medical supplies</i> )<br><a href="#">Diagnostic test</a> ( <i>x-ray</i> )<br><a href="#">Durable medical equipment</a> ( <i>crutches</i> )<br><a href="#">Rehabilitation services</a> ( <i>physical therapy</i> ) |                |
| <b>Total Example Cost</b>                                                                                                                                                                                                                                                                                                                        | <b>\$12,700</b> | <b>Total Example Cost</b>                                                                                                                                                                                                                                                                                              | <b>\$5,600</b> | <b>Total Example Cost</b>                                                                                                                                                                                                                                                                                                  | <b>\$2,800</b> |
| <b>In this example, Peg would pay:</b>                                                                                                                                                                                                                                                                                                           |                 | <b>In this example, Joe would pay:</b>                                                                                                                                                                                                                                                                                 |                | <b>In this example, Mia would pay:</b>                                                                                                                                                                                                                                                                                     |                |
| <i>Cost Sharing</i>                                                                                                                                                                                                                                                                                                                              |                 | <i>Cost Sharing</i>                                                                                                                                                                                                                                                                                                    |                | <i>Cost Sharing</i>                                                                                                                                                                                                                                                                                                        |                |
| <a href="#">Deductibles</a>                                                                                                                                                                                                                                                                                                                      | \$0             | <a href="#">Deductibles</a>                                                                                                                                                                                                                                                                                            | \$0            | <a href="#">Deductibles</a>                                                                                                                                                                                                                                                                                                | \$0            |
| <a href="#">Copayments</a>                                                                                                                                                                                                                                                                                                                       | \$10            | <a href="#">Copayments</a>                                                                                                                                                                                                                                                                                             | \$1,100        | <a href="#">Copayments</a>                                                                                                                                                                                                                                                                                                 | \$1,100        |
| <a href="#">Coinsurance</a>                                                                                                                                                                                                                                                                                                                      | \$4,900         | <a href="#">Coinsurance</a>                                                                                                                                                                                                                                                                                            | \$200          | <a href="#">Coinsurance</a>                                                                                                                                                                                                                                                                                                | \$600          |
| <i>What isn't covered</i>                                                                                                                                                                                                                                                                                                                        |                 | <i>What isn't covered</i>                                                                                                                                                                                                                                                                                              |                | <i>What isn't covered</i>                                                                                                                                                                                                                                                                                                  |                |
| Limits or exclusions                                                                                                                                                                                                                                                                                                                             | \$60            | Limits or exclusions                                                                                                                                                                                                                                                                                                   | \$0            | Limits or exclusions                                                                                                                                                                                                                                                                                                       | \$0            |
| <b>The total Peg would pay is</b>                                                                                                                                                                                                                                                                                                                | <b>\$4,970</b>  | <b>The total Joe would pay is</b>                                                                                                                                                                                                                                                                                      | <b>\$1,300</b> | <b>The total Mia would pay is</b>                                                                                                                                                                                                                                                                                          | <b>\$1,700</b> |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.

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# NONDISCRIMINATION NOTICE

Kaiser Foundation Health Plan of Colorado (Kaiser Health Plan) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no-cost aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no-cost language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, call **1-800-632-9700 (TTY 711)**.

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by mail at: Customer Experience Department, Attn: Kaiser Permanente Civil Rights Coordinator, 10350 E. Dakota Ave, Denver, CO 80247, or by phone at Member Services **1-800-632-9700 (TTY 711)**.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, (TTY **1-800-537-7697**). Complaint forms are available at [hhs.gov/ocr/office/file/index.html](https://hhs.gov/ocr/office/file/index.html).

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## HELP IN YOUR LANGUAGE

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. Call **1-800-632-9700 (TTY 711)**.

**አማርኛ (Amharic) ማህተም:** የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጅተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ **1-800-632-9700 (TTY 711)**.

**العربية (Arabic) ملحوظة:** إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم **1-800-632-9700 (TTY :711)**.

**Bàsɔ̀wò Wùdù (Bassa) Dè dɛ nìà kɛ dyédé gbo:** Ɔ jũ ké m̀ Bàsɔ̀wò-wùdù-po-nyò jũ ní, níf, à wuɖu kà kò dò po-poò béìn m̀ gbo kpáa. Dá **1-800-632-9700 (TTY 711)**

**中文 (Chinese) 注意:** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-800-632-9700 (TTY 711)**。

**فارسی (Farsi) توجه:** اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با **1-800-632-9700 (TTY 711)** تماس بگیرید.

**Français (French) ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-800-632-9700 (TTY 711)**.

**Deutsch (German) ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-800-632-9700 (TTY 711).**

**Igbo (Igbo) NRUBAMA:** Ọ bụrụ na ị na asụ Igbo, ọrụ enyemaka asụsụ, n'efu, dijirị gị. Kpọọ **1-800-632-9700 (TTY 711).**

**日本語 (Japanese) 注意事項:** 日本語を話される場合、無料の言語支援をご利用いただけます。 **1-800-632-9700 (TTY 711)** まで、お電話にてご連絡ください。

**한국어 (Korean) 주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-800-632-9700 (TTY 711)**번으로 전화해 주십시오.

**Naabeehó (Navajo) Díí baa akó nínízin:** Díí saad bee yánílti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, koji' hódíílnih **1-800-632-9700 (TTY 711).**

**नेपाली (Nepali) ध्यान दिनुहोस्:** तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । **1-800-632-9700 (TTY: 711)** फोन गर्नुहोस् ।

**Afaan Oromoo (Oromo) XIYYEEFFANNAA:** Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa **1-800-632-9700 (TTY 711).**

**Русский (Russian) ВНИМАНИЕ:** если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-800-632-9700 (TTY 711).**

**Español (Spanish) ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-632-9700 (TTY 711).**

**Tagalog (Tagalog) PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-800-632-9700 (TTY 711).**

**Tiếng Việt (Vietnamese) CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-800-632-9700 (TTY 711).**

**Yorùbá (Yoruba) AKIYESI:** Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi **1-800-632-9700 (TTY 711).**